

## *Nutrition Study Coversheet*

Your name \_\_\_\_\_

Period \_\_\_\_\_

1. TABLE 1: Estimated and actual kcalories consumed  
(include your **original two day log** and **computer printouts** [averaged] on the back) \_\_\_\_\_ ( 6 points)
  
  2. TABLE 2: Estimated and actual kcalories expended  
(include your **original two day log** on the back) \_\_\_\_\_ ( 3 points)
  
  3. TABLE 3: **Actual** net loss or gain of kcalories for 48 hrs. \_\_\_\_\_ ( 1 point)
  
  4. TABLE 4: Skin fold trials for % Body Fat \_\_\_\_\_ ( 3 points)
  
  5. TABLE 5: Percent Body Fat Data  
(include % body fat from the electronic device) \_\_\_\_\_ ( 4 points)
  
  6. Conclusion Questions  
(complete sentences for FULL CREDIT) \_\_\_\_\_ ( 38 points)
- Total Points Earned** \_\_\_\_\_ ( **55 points**)

